



## INVITATION

### Masters Competition

July 26, 2026

#### GENERAL INFORMATION

**Location:** Westminster Pool, 541 Westminster Street, Dollard-des-Ormeaux, QC H9G 1E8

**Facilities:** 1 25m pool, 6 lanes, non-functional starting blocks

**Invitation Type:** NAA Master Member Invitation

**Sign up deadline:** July 22, 2026

The event is an exhibition and has no influence on other NAA sanctioned competitions.

#### ORGANIZING COMMITTEE

Meet Director: Roch Farmer [roch.farmer@gmail.com](mailto:roch.farmer@gmail.com)

#### IMPORTANT INFORMATION

- No scheduled replacement dates in case of inclement weather
- Link to participant registration: [PARTICIPANT REGISTRATION](#)
- Link to Officials Registration: [OFFICIALS REGISTRATION](#)



## COMPETITION INFORMATION

### Age categories

- The age groups for the individual events are:
  - 25-34, 35-44, 45-54, 55-64, 65-74, 75-84, and so on in 10-year increments.

IMPORTANT: The age category of the swimmer will be established according to his age on June 30, 2026.

### Competition

- All events will be mixed and final time trials, from slowest to fastest
- All the events will be done with a water start without the use of the blocks except for the backstroke which will be able to use the handholds on the blocks.

### Breaks

If necessary, the organizing committee reserves the right to insert breaks during the session, during which participants can use the pool to warm up.

## SCHEDULE AND PROGRAM

July 26, 2026 Warm-up 14:00 to 15:00 Meet start 15:15	
1	25m freestyle
2	50m freestyle
3	25m breaststroke
4	50m breaststroke
5	25m backstroke
6	50m backstroke
7	25m butterfly
8	50m butterfly
9	100m IM
10	4 x 50m freestyle*

\* The 4 x 50m freestyle relay will be mixed (2 men + 2 women) with, at least, one representation in 3 age categories.



### Warm up

- Two warm-up periods will be scheduled from 2:00 p.m. to 2:30 p.m. and from 2:30 p.m. to 3:00 p.m.
- Details of the allocation of lanes and time slots for the warm-up will be sent no later than July 24 depending on the number of participants registered.

### REGISTRATION

- Registrations will be made by participants before July 22, 2026 using the link provided [PARTICIPANT REGISTRATION](#)
- Any changes to registrations following the closing date must be communicated to the meet director.
- Participants can register for a **maximum of 3 individual events**.
- Participants cannot compete in the 25m and 50m events for the same swimming style.
- Each participating team (NAA member pools) can register, at most, 2 relay teams. The names of the participants must be communicated by the head coach to the meet director no later than 2:30 p.m. on the day of the meet.

### RESULTS

- The results will be available on the NAA website.
- The points awarded for each individual event will be: 7-5-4-3-2-1 for the first 6 positions per gender and age category.
- The points awarded for the relays will be: 14-10-8-6-4-2 with only the first team from each club that can score points.

### OTHER INFORMATION

- Parking around Westminster Pool is limited and well-marked by prohibitions by the City of Dollard-des-Ormeaux. Please instruct your members to validate the signs to avoid unpleasant surprises.